

THE UMMED INTERNATIONAL SCHOOL

School Routine

w.e.f. 5th April 2021

| Time | Schedule (Monday-Saturday) |
|----------------------|---|
| 0530 H | Rising Bell |
| 0600 H | Fall –in Bell |
| 0605 – 0615 H | Morning Milk, Biscuits & Tea (Staff) |
| 0615 – 0650 H | Morning PT / Yoga / Games / Nature Walk |
| 0650 – 0715 H | Walk Back / Change for School / Classes |
| 0715 – 0745 H | Breakfast for Boarders & Staff |
| 0745 H | Busses arrive |
| 0745 – 0800 H | Short Assembly |
| 0805 – 0850 H | 1 st Period |
| 0850 – 0935 H | 2 nd Period |
| 0935 – 1015 H | 3 rd Period |
| 1015 – 1055 H | 4 th Period |
| 1055 – 1110 H | Fruit Break |
| 1110 – 1155 H | 5 th Period |
| 1155 – 1235 H | 6 th Period |
| 1235 – 1315 H | 7 th Period |
| 1315 H | Buses Depart (for all the students) |
| 1315– 1320 H | Walk to Mess |
| 1320 – 1350 H | Lunch |
| 1350 – 1410 H | Walk to the Boarding House, Rest Hour, Change for Games |
| 1415 – 1500 H | Extra School (Home Work/Doubts class) |
| 1500 – 1535 H | Communication/Music/Dance/Art & Craft & Personality Development Classes |
| 1535 – 1620 H | Evening Games |
| 1620 – 1630 H | Evening Refreshment |
| 1630 – 1730 H | Extra Games for Boarders/Astachal |
| 1730 – 1810 H | Bath and Change for Dinner |
| 1815 – 1825 H | House wise Inspection |
| 1830 – 1930 H | Prep- I |
| 1930 – 2000 H | Dinner |
| 2010 – 2020 H | House wise Roll Call |
| 2030 – 2100 H | Prep II (Recreation Activities/ Leisure Activities/ Interactive session with the House Staff) |
| 2100 – 2115 H | Night Milk/ Night Inspection |
| 2130 H | Lights Out |